



# The Muddy Puddle Teacher

The New Approach to  
Outdoor Learning  
Early Years Training Prospectus



We support  
NC, CfE &  
CfW

Created by  
teachers for  
educators

MP award-winning  
Outdoor Learning Approach



MP HEROES



[www.themuddypuddleteacher.co.uk](http://www.themuddypuddleteacher.co.uk)



## What is the Muddy Puddle Teacher Approach?

The MPTA uses outside space as a platform to teach the curriculum. This doesn't have to be a green space, but it has to be outdoors and within your grounds as much as possible. Unique to this approach is a conscious effort to improve our carbon footprint and to strengthen our science skills by using only natural and upcycled materials to learn from and teach with.



In 2021 we were awarded the HERo Award by MP Clive Betts



**UK  
Parliament**

UK: Sports and Pupil Premium can be used  
On-call teacher available 9-5pm: 07530645492  
Email: [info@themuddypuddleteacher.co.uk](mailto:info@themuddypuddleteacher.co.uk)  
Website: [www.themuddypuddleteacher.co.uk](http://www.themuddypuddleteacher.co.uk)

# Our ethos: The Three Muddy M's

We are a registered trademarked approach. Our specific approach to outdoor learning can only be gained through us. The Three Muddy 'M's are at the heart of why our outdoor learning approach sets us apart and ensures we are out there for a reason—not just ticking boxes. They help us be mindful of why we are outside and of the benefits of teaching and learning outdoors.

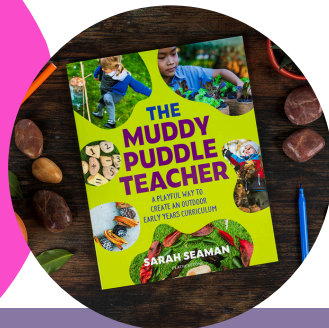
They are:

1. Mother Nature
2. Mental Health
3. More Kids Moving



The owner and founder of MPT is teacher, consultant and author Sarah Seamann BSc/PGCE/MA.

Sarah has several books out with Bloomsbury and speaks about our approach across the world.



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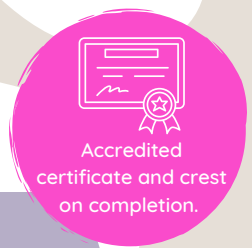
Our team are all in-class teachers with backgrounds in all key stages and SEND school specialists

## Who benefits from this approach?

- Neurodivergent children, including autism, ADHD, Dyslexia and Aspergers.
- Children of varying learner types who do not stereotypically learn from an inside environment and indoor methods. Including those with slow processing speeds.
- Lower ability or working towards children who thrive in active, collaborative and practical teaching methods.
- Obese or children with developmental issues such as fine and gross motor skills.
- Children with SEMH - the outdoors has been proven to positively impact both the child and educators' mental and physical well-being.
- Children with speech and language difficulties - our approach provides an open, non-judgmental space for children to express themselves and have more peer conversations.
- EAL - for children with additional languages, the outdoors can provide like-for-like opportunities so children can experiment with and use their own and new languages.
- The staff, on average, our teachers walk an extra 5000 steps a day and report feeling more refreshed and happier after they have taught outside.





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# Face to Face Training Packages



## Lite

INSET Training Session & 1 year resources subscription






-  For up to 10 staff members
-  1 full INSET day training or 2 twilights
-  1 years subscription to all of our resources for 1 year
-  1 zoom pre-consultation with your allocated teacher-consultant

**£1500**

Includes VAT, & travel

## Pro

INSET Training Session, 1-year resources subscription & year-long online mentorship

-  For up to 15 staff members
-  1 full day training or 2 twilights
-  1 years subscription to all of our resources for 1 year
-  1 zoom pre-consultation with your allocated teacher-consultant
-  3 follow up zoom staff meetings/Q&A/training top ups/advice sessions over 1 year

**£2000**

Includes VAT, & travel

## Premium

INSET Training Session, 1-year resources subscription & year-long face-to-face mentorship

-  For up to 20 staff members
-  1 full day training or 2 twilights
-  1 years subscription to all of our resources for 1 year
-  1 zoom pre-consultation with your allocated teacher-consultant
-  2-hour face-to-face consultation meetings with each curriculum specialist team over the year
-  Catch-up consultation meetings with all curriculum specialists teams
-  Final consultation and evaluation feedback with SLT
-  Contact with your consultant 24/7

Starting at  
**£5,000**

Includes VAT, & travel

**Book a chat with us**



# ITINERARY

Key



Indoor Session



Outdoor Session

**9:30AM**

Level 1 - Learn the secrets to our outdoor learning approach and how to start and set up teaching outside.



**10:30AM**

Level 2 - Learn practical methods and strategies using our trademarked approach—Upskill in using natural and upcycled materials to enhance indoor sessions by being outside.



**11:30AM**

Coffee Break



**11:45AM**

Level 2 - Linking to the curriculum, every subject will be explored, and methods will be given to teach outdoors. Ideas are given to differentiate support and extend and shape introductions, main activities and plenaries



**12:45AM**

Lunch - Bring your own. Hot drinks and biscuits provided.



**1:15PM**

Level 3 - Supporting mental health and physical development outdoors. Learn practices and methods to help improve SEMH and support SEND and neurodivergence,



**2:00PM**

Level 4 - Sustaining the approach in all weathers, supporting and informing parents, next steps, and how to use the free subscription and download lesson plans and schemes of work.



**2:30 PM**

Certificates, Q&A's and goodbyes



**BOOK NOW**

Hurry, tickets sell fast. Book Now!  
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## What will the day look like?

Dates are limited please contact us to avoid disappointment

Book a chat with US

Every staff member also receives 1 years free subscription to our resources

# Reviews



Trustpilot 5 out of 5 stars



Sarah Godbold, Executive Head, Churchside Federation (Sep 2022)

'What a truly inspiring way to start our term! The PD day training with The Muddy Puddle Teacher was fantastic and the staff are excited to start their outdoor learning journey with the children. We are on day two in to term and I have seen four outdoor lessons already!'

Thank you from all of us at Churchside Federation.



Trustpilot 5 out of 5 stars

Louise Foley Headteacher  
Furneux Pelham Church of England School

An excellent day of training. I feel really inspired to try out all the ideas that you have given me. Can't wait to set up our outdoor classroom now.



[See all of our Trustpilot Reviews](#)

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# Awards & Accreditations

## Awards



MP HEROes



## Finalists



## Accreditations



## Charities we support



## Who we work with

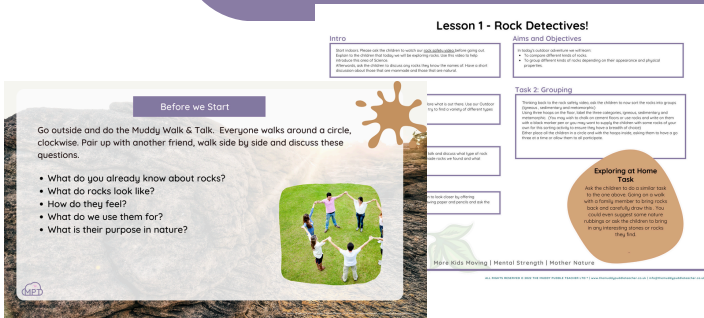


## Conferences





# FAQ: What kinds of resources are included?



**Lesson 1 - Rock Detectives!**

**Before we Start**

Go outside and do the Muddy Walk & Talk. Everyone walks around a circle, clockwise. Pair up with another friend, walk side by side and discuss these questions.

- What do you already know about rocks?
- What do rocks look like?
- How do they feel?
- What do we use them for?
- What is their purpose in nature?

**Intro**

What do you think the children will be able to do at the end of the lesson? How do you think the children will feel at the end of the lesson? How do you think the children will be able to use their learning in the future?

**Aims and Objectives**

1. To identify the different types of rocks and their uses.

2. To understand the importance of rocks in our environment and how they are used.

**Task 1 - Grouping**

Forming teams of six rock walking clubs and the children to use the rock walking clubs to identify the different types of rocks and their uses.

**Exploring at Home Task**

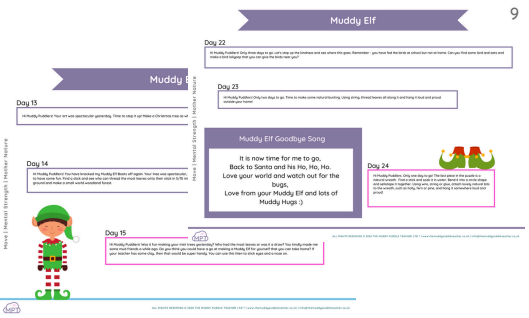
Ask the children to go outside and look for rocks in their garden or on a walk. They should bring back a rock and describe it to the class. They should also bring back a rock and describe it to the class.

**Non-e-Books Making | Mental Strength | Mother Nature**

Schemes of work come with 6 lesson plans for that unit and a PowerPoint to introduce the learning; templates, where required, are also included. KS2 opportunities to record each lesson.

Lesson plans, Outdoor eBooks, worksheets and idea packs are also provided.

Demonstration videos are provided to help you practically put the ideas in place



**Muddy Elf**

**Day 15**

**Day 14**

**Day 13**

**Day 12**

**Muddy Elf Goodbye Song**

It is now time for me to go,  
Back to Santa and his Ho, Ho, Ho.  
Love your world and watch out for the  
Dogs.  
Love from your Muddy Elf and lots of  
Muddy Hugs :)

**Day 11**

**Day 10**



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## FAQ: Are you like Forest School?

### **Are you like Forest Schools?**

We are NOT Forest School. We often need clarification with Forest School, but we are entirely different. Many of our schools have Forest Schools and Muddy Teachers trained and used both approaches effectively.

Forest School is holistic and encourages high risks to promote social and emotional well-being, such as tools and fire, and typically is in a woodland area with prolonged amounts of time outside, such as a full day or entire afternoon. The Muddy Puddle Teacher is an Outdoor Learning Approach, an extension of inside teaching and taking lessons outside. We typically use our school grounds, and there are no set periods to stay there, and it can be anything from 10 minutes to full days in the summer.

### **What is involved in The Muddy Puddle Teacher Training?**

#### **Individuals & International Schools**

Individuals and schools abroad typically take the online route and complete the training using an easy-to-use online format. It is very interactive with audiobooks and demonstration videos. It has four stages, and each step takes around 2 hours. There is no written work, just a questionnaire to ensure you get the most from us. You send that once complete, and we send back a certificate and a unique MPT Code; a crest can also be requested.

#### **Whole Schools or Nurseries**

We offer 1-year mentorships to schools and nurseries. We have a 100% success rate with this method.

- 1 x Initial Meeting - Create a bespoke plan with us, just for you and your school. Initial talks will create aims and action plans with your allocated teacher-consultant.
- 1 INSET Day or 2 Twilight Training Sessions on the Muddy Puddle Teacher Approach
- 1 Year Subscription to all of our Resources and Additional Courses
- 4 x Additional Zoom Training Sessions per season to cover Q&A and offer additional support

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**Call an on-call teacher for more info: 07530645492**

# Follow & Contact



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On-call mobile: 07530645492



Live chat 24/7 on the website  
(real person)

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